WESTMEAD EYES OPTOMETRISTS
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Guide for Using Progent for Deep Cleaning Hard Lenses

Purpose

Progent is a professional-strength cleaner for RGP (Rigid Gas Permeable) and hard contact lenses including scleral lenses. It removes protein deposits, stubborn contaminants, and discoloration that regular daily cleaners cannot remove.

Important Notes

- Progent should be used once per month or earlier if directed by your eye care provider
- The system uses two components (Solution A and Solution B) that must be mixed
- Not for use with soft contact lenses
- Do not use with lenses in your eyes

Supplies Needed

- Progent cleaning kit (Solution A and Solution B)
- Progent lens case (usually provided with kit)
- Normal lens care products for after-treatment

Step-by-Step Deep Cleaning Process

Step 1: Preparation

1. Wash and thoroughly dry your hands
2. Remove lenses

Step 2: Preparing the Progent Solution

1. Open the Progent lens case
2. Place each lens in its designated compartment
3. Open one vial of Solution A and one vial of Solution B
4. Pour Solution A into the case
5. Immediately add Solution B
    - Note: A slight warming and fizzing reaction is normal

Step 3: Treatment Process

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1. Close the case securely
2. Set timer for 30 minutes (exact timing is important)
3. Leave lenses undisturbed during treatment
4. Do not extend treatment beyond 30 minutes

Step 4: Post-Treatment Cleaning

1. After exactly 30 minutes, open the case
2. Remove lenses one at a time
3. Rinse each lens thoroughly with saline solution for 30 seconds
4. Place in regular lens case with fresh solution

Step 5: Final Verification

1. Inspect lenses for cleanliness
2. Ensure all Progent solution has been rinsed away
3. Check for any remaining deposits
4. Store lenses as usual or insert after thorough rinsing

Important Cautions

- NEVER leave lenses in Progent solution longer than 30 minutes
- NEVER skip the thorough rinsing step
- Discard used Progent solution immediately after use
- Do not reuse solution
- If lenses have special coatings, check with your eye care provider before using Progent

Troubleshooting

- White film: Solution not thoroughly rinsed off
- Lenses remain cloudy: Deposits may be too severe, consult eye care provider
- Discolouration: May indicate lens replacement is needed

For best results, maintain a regular monthly Progent cleaning schedule in addition to your daily cleaning routine.